

## *Holy Family Long-Range Plan*

### **AREA OF FOCUS: Youth and Young Adults**

**VISION STATEMENT: We will be successfully pursuing our mission if we, driven by the Holy Spirit, reach out to youth and young adults with love and acceptance through Christ-centered experiences that will lead them close to Him and encourage them to live as His disciples.**

<b>OBJECTIVES</b>		<b>SUCCESS MEASUREMENT</b>
<b>1</b>	Provide vibrant liturgies, as well as catechetical, social, and recreational experiences that attract and serve youth and young adults.	Based on a greater number of attendees, increased service, commitment to ministry, and/or responsiveness to all vocations.
<b>2</b>	Through personal relationships and evangelization, encourage increased participation in the Youth and Young Adult Ministry & the life of the Church.	Based on a greater number of attendees, increased service, and/or commitment to ministry.
<b>3</b>	Provide education, outreach, and advocacy opportunities in Catholic Social Teaching for youth and young adults.	The opportunities are offered and attended by a group of youth and/or young adults.

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Y&YA 1 EDGE	a) Plan, develop, and provide interactive EDGE Nights that are relevant to the needs of the middle school teenagers.	Are EDGE Nights occurring? Are they well attended by middle-schoolers? Are they pastorally executed according to the EDGE model?	CMSYAM	EDGE Core Team, Clergy	09/04	Weekly
Y&YA 1 EDGE	b) 1. Pray for, search for, and invite individuals to join the CORE Team.	Was there a process for recruiting new members? Did this process produce sufficient new CORE Team Members? Does the process produce consistent, committed, and giving individuals?	CMSYAM		08/04	Ongoing
Y&YA 1 EDGE	b) 2. Provide training for current & newer CORE Team Members for EDGE Nights, retreats, and other ministerial components through retreats, CORE Team Meetings, and other conferences.	Were CORE training sessions held? Was the training provided sufficient and adequate enough to run an EDGE Night, retreat, or other ministerial component? Did the CORE Team learn and apply these components of youth ministry to the EDGE Nights?	CMSYAM		05/07	At least 3-4 times per year

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Y&YA 1 EDGE	c) Meet with CORE team Members for one-on-one interviews, "spiritual progress," and support.	Did the CMSYAM have contact with the CORE Team Members individually? Did the CMSYAM and/or CORE Team Member leave the interview with set spiritual or ministerial goals?	CMSYAM		01/05	Quarterly
Y&YA 1 EDGE	d) To promote a sense of belonging, provide a social aspect for middle schoolers, not limited to EDGE Nights but also outside of the EDGE Nights through "hangout" times, organized recreational activities, and other socials.	Was there a "social" component to the EDGE Ministry? Was there a place for the middle schoolers for the "hangout" activities? Did middle schoolers participate in this experience?	CMSYAM	EDGE Core Team	05/07	Monthly
Y&YA 1 LT	a) Plan, develop, and-provide interactive Life Nights that are relevant to the needs of the high school teenagers.	Are Life Nights occurring? Are they pastorally executed according to the Life Teen model? Is there a steady rate of participation by teenagers? Is there a growing rate in the number of teenagers?	CYM	Life Teen Core Team, Clergy, Worship Team, Parent Life Coordinators	10/04	Weekly

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Y&YA 1 LT	b) 1. Pray for, search for, and invite individuals to join the CORE Team.	Was there a process for recruiting new members? Did this process produce sufficient new CORE Team Members? Does the process produce committed, and giving individuals?	CYM		06/04	Ongoing
Y&YA 1 LT	b) 2. Provide training for current & newer CORE Team Members for Life Nights, retreats, and other ministerial components through retreats, CORE Team Meetings, and other conferences.	Were CORE training sessions held? Was the training provided sufficient and adequate enough to run a Life Night, retreat, or other ministerial component? Did the CORE Team learn and apply these components of youth ministry to the Life Nights?	CYM		05/07	6 times per year
Y&YA 1 LT	c) Meet with CORE team Members for one-on-one interviews, "spiritual progress," and support.	Did the CYM have contact with the CORE individually? Did the CYM and/or CORE Team Member leave the interview with set spiritual or ministerial goals?	CYM		06/04	Semiannually

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Y&YA 1 LT	d) To promote a sense of belonging, provide a social aspect to teens, not limited to Life Nights but also outside of the Life Nights through “hangout” times, organized recreational activities, and other socials.	Was there a "social" component to the Life Teen Ministry? Was there a place for the teens for the "hangout" activities? Did teens participate in this experience?	CYM	Life Teen Core Team	10/05	Weekly
Y&YA 1 LT	e) 1. Incorporate a monthly XLT night. <i>XLT (exalt) is a night where teens join together for an intense night of prayer and worship. The night is divided into three parts: 1) Praise and Worship, 2) Preaching, 3) Adoration.</i>	Was XLT held monthly? Was there a positive response from the teens who attended? Was there an increased monthly attendance?	CYM	Life Teen Worship Team, Clergy, Life Teen Core Team	01/06	Monthly
Y&YA 1 LT	e) 2. Plan and advertise the monthly XLT Nights.	Who planned the XLT Night? Was it marketed at all? How was the XLT marketed? Were there promotions and invitations to other parishes to join for XLT?	CYM	Life Teen Worship Team, Life Teen Core Team, Clergy	01/06	Monthly

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Y&YA 1 LT	f) Seek interest in, plan, and provide a mid-week catechetical session. Example: <i>Going Deeper, Hardcore</i> [geared for teens desiring a deeper understanding of Catholic Faith].	Was there a desire based on teens' efforts to hold these meetings? Was there steady or increased participation on the teens' part? Did the study meet the needs of what the teens were seeking?	CYM	Life Teen Core Team	01/06	Weekly
Y&YA 1 PL	a) Plan, execute, and evaluate a Parent LIFE Retreat. ( <i>Parent LIFE is designed to help parents of teenagers grow their faith through community, prayer, and service to their high school youth in the Life Teen program. They meet at the same time as Life Teen and work along side of the Youth Minister for the needs of the Parents to the teens.</i> )	Was there a team of parents willing to lead the retreat? Was the retreat planned & promoted in advance? Did the retreat happen? Was the retreat well attended? Do the retreatants have a higher level of commitment through service to Life Teen and attendance at Parent Life?	Parent LIFE Coordinator(s)	CYM, Life Teen Worship Team, Clergy, Parent Life Retreat Team [Spiritual director & hospitality helpers]	10/06	Biannually
Y&YA 1 PL	b) Plan, develop, and incorporate weekly Parent Life meetings.	Was there a meeting? Was it run by one of the Coordinators of Parent Life? Did parents attend? Was there a desire of parents for more meetings?	Parent LIFE Coordinator(s)	LIFE TEEN parents, CYM	10/06	Weekly

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Y&YA 1 S&T	a) Plan, develop, and provide interactive Spirit and Truth meetings. <i>Spirit and Truth is the young adult organization with a Eucharistic focus. The meetings are designed to meet the spiritual, social, and service needs of local young adults.</i>	Are S&T meetings occurring? Are they being executed in a way where young adults are increasing their faith and participation? Are young adults registering in the Parish? Are they serving in a ministry? How many have responded to a vocation?	CMSYAM	Young Adults Core Team; Spiritual Director	02/06	Weekly
Y&YA 1 S&T	b) Search for and develop Core members for Spirit and Truth Nights including conferences and retreats. At least one person or one couple will serve as the Married Young Adult Core Member.	Are there Core members? Were there planning and advising meetings with Core? Did these meetings improve the quality of S&T meetings?	CMSYAM		02/06	Annually
Y&YA 1 S&T	c) Search for musicians and develop a music ministry to serve as worship leaders for Adoration and other liturgical events for Spirit and Truth.	Is there a music ministry? Are there regular practice days and times? Is the music ministry leading praise and worship at S&T Meetings? Is there ongoing music minister formation?	CMSYAM		02/06	Weekly

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Y&YA 1 S&T	d) Plan, develop and provide activities and meetings for Married Young Adults to occur once a month on a separate night from the general Spirit and Truth Meetings.	Are Married Young Adults meetings occurring once a month? Are they being executed in a way where married young adults are increasing their faith and participation? Are young adults families registering in the Parish? Are they serving in a ministry?	CMSYAM	Married Young Adult Core Member or Couple	07/07	Monthly
Y&YA 2 EDGE	a) Train the CORE Team to perform C2 outreach relational ministry to assist in the growth of the EDGE program. <i>C2 relational ministry is when two CORE Team members offer healthy ways of reaching out to middle schoolers.</i>	Was the CORE Team trained in relational ministry? Is the CORE Team actively engaging in C2 relational ministry? Is the CORE Team tracking their activity with Relational Ministry? Is there growth in attendance at EDGE meetings?	CMSYAM	EDGE Core Team	05/07	Quarterly

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Y&YA 2 EDGE	b) Provide outlets where the CORE Team has opportunities for C2 relational ministry on parish grounds.	Is there a designated place where middle schoolers can feel comfortable just hanging out? Is this “on-site” relational ministry positively affecting the middle schoolers' attendance at EDGE Nights?	CMSYAM	EDGE Core Team	05/07	Monthly
Y&YA 2 EDGE	c) Provide a weekly email to middle schoolers and their parents with information regarding upcoming EDGE Nights, and other middle school appropriate events, and other aspects of family and youth ministry.	Was the email sent out to all possible middle school youth on the database? How many people are on the database? Did middle schoolers respond positively to the email via verbal or written communication including annual survey?	CMSYAM		08/05	Weekly

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Y&YA 2 EDGE	d) 1. The EDGE will provide an annual survey to both the active middle schoolers and the non-active middle schoolers and their parents in order to evaluate the quality of the program. This will be done through a relational ministry and also a take-home survey asking for specific answers to questions.	Was relational ministry effectively receiving answers regarding the program? Was there an evaluation sent out to participants and available to non-participants and their parents? What percent of those surveyed responded positively?	CMSYAM	EDGE Core Team	07/06	Annually
Y&YA 2 EDGE	d) 2. At the conclusion of the survey response data entry period, all written forms of communication, both positive and negative, will be incorporated into the report.	Was the survey data entered? Were the written forms of communication included in the report?	CMSYAM		08/07	Annually
Y&YA 2 LT	a) Train the CORE Team to perform C2 outreach relational ministry to assist in the growth of the Life Teen program.	Was the CORE Team trained in relational ministry? Is the CORE Team actively engaging in C2 relational ministry? Is the CORE Team tracking their activity with Relational Ministry? Is there growth in attendance at Life Teen Events?	CYM	Life Teen Core Team, Pastor, Worship Team	04/05	Ongoing

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Y&YA 2 LT	b) 1. Provide outlets where the CORE Team has opportunities for C2 relational ministry on parish grounds.	Is there a designated place where teens can feel comfortable just hanging out? Is this “on-site” relational ministry positively affecting the teens’ attendance at Life Nights?	CYM	Life Teen Core Team	09/05	Ongoing
Y&YA 2 LT	b) 2. Provide the CORE Team information where they can perform Relational Ministry off-site of parish grounds.	Was Relational Ministry occurring? Was there an increased number of teenagers at Life Teen events?	CYM	Life Teen CORE Team	07/07	Ongoing
Y&YA 2 LT	c) Provide a weekly email to teenagers and their parents with information regarding upcoming Life Nights, high school events, and other aspects of family and youth ministry.	Was the email sent out to all possible teens on the database? How many people are on the database? Did high school teens respond positively to the email via verbal or written communication including annual survey?	CYM		10/04	Weekly

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Y&YA 2 LT	d) 1. Life Teen will provide an annual survey to both the active teens and the non-active teens and their parents in order to evaluate the quality of the program. This will be done through a relational ministry and also a take-home survey asking for specific answers to questions.	Was relational ministry effectively receiving answers regarding the program? Was there an evaluation sent out to participants and available to non-participants and their parents? What percent of those surveyed responded positively?	CYM	Life Teen CORE Team	07/06	Annually
Y&YA 2 LT	d) 2. At the conclusion of the survey response data entry period, all written forms of communication, both positive and negative, will be incorporated into the report.	Was the survey data entered? Were the written forms of communication included in the report? Was the report submitted to the Pastor & CORE Teams for evaluation?	CYM		08/07	Annually
Y&YA 2 S&T	a) Provide a weekly email with calendar information and upcoming Spirit and Truth Meetings and outside events.	How many people are on the database? Was the email sent out to all possible young adults on the database?	CMSYAM		02/06	Weekly

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Y&YA 2 State	a) Deliver an annual State-of-the-Youth Address at all Masses on a Sunday during the Fall.	Was the address given? Was the information pertinent to the needs of the parish in regards to youth & young adult ministry? Was there a response from middle-schoolers, teens, young adults, and their parents seeking greater involvement in the ministries? Were the parishioners supportive through various modes of appreciation, including applause, donations, volunteering services, etc.	CYM, CMSYAM		10/04	Annually
Y&YA 2 Web	a) Design, develop, and maintain a youth & young adult website on the parish website where information is posted and is used as another means of communication/marketing.	Was the website produced? Was the website maintained? Does the website have information applicable to youth & young adult ministry?	CMSYAM	CYM	07/06	Quarterly

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Y&YA 3 LT	a) 1. To teach good stewardship and to live out our Catholic Social Teaching, we will set-up a recycling center for cans, glass, and plastics.	Is there a recycling center in at least the Youth Hall & Community Center for cans, plastics, and glass? Are the high school teens maintaining the recycling centers?	CYM		07/07	Ongoing
Y&YA 3 LT	a) 2. When the recycling centers proceeds have been collected, they will be distributed to an outreach project.	Are there sufficient funds that a designated outreach organization can receive the proceeds? Was a designated organization chosen and the funds sent?	CYM	Life Teen participants	07/07	Quarterly
Y&YA 3 Out	a) Provide “in-reach” opportunities where the middle-schoolers, teens and young adults can serve the parish at events and through other ministries already in place. (See Social Justice Objective #3, Action Item c.)	Are middle-schoolers, teens, and young adults participating with ministries already in place? Is there collaboration between middle-school teenager, and young adult Ministry and other parish outreach ministries? Are participants aware of the effect they are having?	CYM, CMSYAM	CMSYAM, other parish outreach ministries (Project Gabriel, Adopt-A-Family, GOF, etc.)	10/04	Monthly

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Y&YA 3 Out	b) Provide resources and outreach opportunities for youth and young adults to live out the Catholic Social Teaching.	Are outreach opportunities being offered? Is there an ongoing increase in the number of teens & young adults participating in these activities?	CYM, CMSYAM		10/04	Monthly
Y&YA 3 Out	c) Through our Life Nights, EDGE Nights, and S&T meetings we will instill the Catholic Social Teaching in our middle schoolers, teens and young adults.	How often was Catholic Social Teaching content included in Life Nights, EDGE, and S&T meetings? Is there a perceptible change in the participants' attitudes related to Catholic Social Teaching?	CYM, CMSYAM	Life Teen, EDGE, and S&T CORE Teams	10/04	Monthly